

Shull Middle School's Health Expectations and Contract

Dear Parents & Guardians,

In the coming years, your child will be making decisions that impact his/her physical, emotional, mental and social health. The purpose of the Health Education class is to provide students with the knowledge and resources they need to make responsible and well-informed decisions about their health. As the course progresses, students will be asked to explore their values, opinions and beliefs about Health. It is important that students receive mature guidance in the classroom and at home as they deal with these issues.

Classroom Rules

1. BE ON TIME (3 minutes after the bell) and in your assigned seat.
2. NO CELL PHONES.
3. Upon returning to school after being absent, you are responsible for what you missed. We will discuss a due date.
4. Late assignments will drop 10 points.
5. Be prepared for class with a pen/pencil- If you don't have one the teacher will lend you one by trading one of your items in return for a pencil
6. Stay in your seat unless you have permission to leave.
7. Show respect for the teacher, yourself and others at all times.
8. Respect yourself and the rest of us by using appropriate language and wearing appropriate clothing (school uniform, no hoods on).
9. Respect others' property. Avoid touching or writing on anything that does not belong to you (including desks, textbooks, teacher's belongings, walls, chalkboard, etc.). Don't expect that others will clean-up your messes. Please pick-up after yourself.
10. When directions are given, do your best to follow them the first time. If you are confused or have questions, ask another student. If you are still confused, ask me. I would rather stop class to clarify than have you be off task while everyone else is working.
11. You may drink bottled water in the classroom. If a spill occurs, please clean it up immediately and inform the teacher.
12. No other food or beverage is permitted.
13. Please remain in your seat until I have dismissed you. Never line up at the door before dismissal. Remember, I dismiss you, not the bell.
14. Cheating is completely unacceptable. If I see you cheating on any assignment. I will give you a zero.
15. Offensive, derogatory, and profane terms are not tolerated. In order to have a safe classroom environment where all students feel comfortable, no put downs, swear words, or slang words will be accepted. Remember, if you don't have something nice to say, don't say it at all!
16. Take all of your belongings, pick up any scrap papers around you, and put your desk back in line before you leave each day.

If you have any questions or concerns please contact Mrs. Paltjon at
(732) 376-6060: ext: 26445 OR email @ melipaltjon@paps.net

(Parent/Guardian Signature)

Student Signature

Parent contact information

Cell phone: _____

Email: _____